JOYCE TRAVELBEE
HUMAN-TO-HUMAN RELATIONSHIP MODEL

NURSING METAPARADIGM

PERSON
- a unique irreplaceable individual - a one time being in this world- like yet unlike any person who has ever lived or ever will live
- a unique, irreplaceable individual who is in continuous process of becoming, evolving and changing
- *Patients are only individual human beings in need of care, services and assistance of other human beings who can render the assistance that is needed.*

HEALTH
- subjective and objective
  - **Subjective health**
    - an individually defined state of well being in accord with self-appraisal of physical-emotional-spiritual status
  - **Objective health**
    - absence of discernible disease, disability or defect as measured by physical examination, laboratory tests and assessment by spiritual director or psychological counselor

ENVIRONMENT
- not explicitly defined
- **life experiences**
  - suffering, hope, pain, illness
  - can be indirectly equated to the environment

NURSING
- **an interpersonal process** whereby the professional nurse practitioner assists an individual, family, or community to prevent or cope with the experience of illness and suffering and if necessary to find meaning in these experiences

Other significant terms:

*Nurse- Patient Interaction*
- refers to any contact between a nurse and an ill person

*Therapeutic use of self*
- ability to use one’s personality consciously and in full awareness in an attempt to establish relatedness and to structure nursing intervention
HUMAN-TO-HUMAN RELATIONSHIP MODEL

Human-to-human relationship
- an experience or series of experiences between nurse and patient
- means thru which the purpose of nursing is accomplished

Phases of experience:
1. original encounter
   - first impressions
2. emerging identities
   - perceiving each other’s uniqueness
3. empathy
   - ability to share in the person’s experience
4. sympathy
   - when the nurse wants to lessen the cause of patient’s suffering
   - therapeutic use of self
   - “When one sympathizes, one is involved but not incapacitated by the involvement.”
5. rapport
   - described as nursing interventions that lessens the patient’s suffering
   - relation as human being to human being
   - “A nurse is able to establish rapport because she possesses the necessary knowledge and skills required to assist ill persons and because she is able to perceive, respond to and appreciate the uniqueness of the ill human being.”
   - “A nurse does not only seek to alleviate physical pain or render physical care – she ministers to the whole person. The existence of the suffering whether physical, mental or spiritual is the proper concern of the nurse.”