Skills (RLE) for Level 1

OFFERING AND REMOVING URINAL AND BEDPAN
Objectives of the lesson:

✓ The students will be able to know the purpose of the procedure

✓ The students will be familiarize with the materials needed for these procedures

✓ The students will be able to state the proper ways in offering and removing both urinal and bedpan
Purpose

✓ To provide elimination of bodily waste such as urine and feces in a way that will respects patient’s privacy and integrity during the entire procedure.
I. OFFERING AND REMOVING A URINAL
Example of Female Urinals
EQUIPMENT

- Towel
- Clean Gloves
- Urinal
- Basin
- Toilet Tissue
- Soap
PROCEDURE

✓ Gather and prepare the necessary equipment.
✓ Introduce self and verify client’s identity using two (2) identifiers.
✓ Explain the purpose and procedure to the client.
✓ Provide privacy by closing curtain or door.
✓ Perform hand hygiene, and don clean gloves.
PROCEDURE

➢ Assist the client to a **comfortable position**.

➢ **Give** the patient the **urinal**.

➢ **Provide privacy** by replacing covers.

➢ **Leave** the client for 2-3 minutes **if it is safe** or until the client signals, **or remain** if the patient **needs support** to stand at the bedside or other assistance.
PROCEDURE

➢ **Remove** the urinal.

➢ **Wipe** the penis around the urethral orifice with a tissue.

➢ Assist patient with **hand hygiene** and **undergarments**:
  ✓ **Offer** a dampened washcloth or water, soap and towel to wash and dry hands.
PROCEDURE

➢ Change the draw sheet if it is wet.
➢ Measure the urine if intake and output is monitored.
➢ Discard urine in toilet
➢ Rinse urinal with water.
PROCEDURE

➢ **Clean** urinal, **cover** and **store** according to hospital protocol

➢ **After care** of equipment.

➢ **Remove** gloves and perform **hand hygiene**.

➢ **Document** color, odor, and amount of urine.
II. OFFERING AND REMOVING BEDPAN
PURPOSES

➢ To assist a helpless or weak patient in voiding and defecation
➢ To maintain continence
TYPES OF BEDPAN

REGULAR OR HIGH BACK

SLIPPER/ FRACTURE PAN
EQUIPMENT

Bedpan

Clean gloves

Toilet tissue

Absorbent disposable underpad

Towel

Soap
EQUIPMENT

Hand towel

Air freshener

Draw sheet
PROCEDURE

✓ **Gather and prepare** the necessary equipment.
✓ **Introduce self and verify** client’s identity using two (2) identifiers.
✓ **Explain the purpose and procedure** to the patient.
✓ **Provide privacy by pulling** curtains/ shades or closing doors.
PROCEDURE

➢ Perform **hand hygiene**, and don **clean gloves**.

➢ Follow any isolation precautions in place that requires other Personal Protective Equipment (PPE)
PROCEDURE

➢ Adjust the height of the bed or at a comfortable working height to prevent back injury.

➢ Raise the side rail and ensure wheels are locked.
PROCEDURE

➢ Position the client.

➢ Place an absorbent disposable underpad as protective barrier from soiling the linens.

➢ Underpad should be on top of the bottom sheet, under perineal area including buttocks and thighs.
PROCEDURE

➢ Place the bedpan under the patient by assisting the patient to turn on their side with their buttocks toward the nurse:
  ➢ If tolerated:
  ➢ Ask the patient to flex the knees and raise his/her buttocks
  ➢ You may slide your hand under the back of the patient for support in raising buttocks
  ➢ Gently slide bedpan under the patient and ensure proper placement.

Or
PROCEDURE

➢ Place the bedpan according to the contour or shape of the device. The **wide area** of the bedpan points towards the **patient’s head** and **narrow area** towards **feet**.

➢ Hold the bedpan with one hand and the hip with the other and roll the patient onto the bedpan.

➢ Ensure the buttocks are firm against the bedpan.
PROCEDURE

➢ Avoid patient injury by **not** placing the bedpan **forcibly** under the buttocks.

➢ Assist to a sitting position if not contraindicated, to allow a **natural elimination position**

➢ **Cover the patient** to prevent chilling and provide privacy.
PROCEDURE

➢ Place a call device and toilet tissue within reach, lower the bed to low position, raise the side rail and leave the client if it is safe to do so.
PROCEDURE

➢ Lower head of the bed before removing the bedpan
PROCEDURE

➢ Assist the client to perform perineal care.
  ➢ from pubic to anal area (with toilet tissue)
  ➢ anal area (with toilet tissue then soap and water)
  ➢ Pat dry the perineal area
  ➢ For dependent clients – soap and water

➢ Replace the draw sheet if it is soiled.

➢ Assist the patient in performing hand hygiene.

➢ Place in a comfortable position.
PROCEDURE

➢ Take the bedpan to the bathroom of the patient

➢ **Assess contents** of the bedpan (e.g. blood clots, color, foul odor, characteristic of feces etc.) prior discarding in toilet.

➢ Rinse bedpan with tap water, clean, cover and store according to hospital policy (wear clean gloves)
PROCEDURE

➢ **After care** of equipment.
➢ Remove and discard clean gloves.
➢ Perform **hand hygiene**.
➢ Spray the room with **air freshener** as needed.
➢ **Document** color, odor, amount, and consistency of urine and feces, and the **condition** of the perineal area.
PROCEDURE

Note:
➢ Warm the bedpan, if it is made of metal, by rinsing it with warm tap water then dry.